

Calendar 2025



January

2025

Tip: Replace your light bulbs with LEDs to save energy and reduce your carbon footprint.

The new year begins and reminds us of the need to act on climate.

Global warming is accelerating, and reducing carbon emissions is critical.

Let us harness the power of small changes.

Saving energy at home can have a big impact.



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February

2025

Tip: Install thermal insulation filters on windows to reduce heat loss.

Extreme weather conditions are becoming more frequent.

Winter reminds us of the importance of reducing heating and using insulation.

Let us be more conscious of our energy choices.

Small changes in our lifestyle can reduce consumption.



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March

2025

Tip: Plant herbs and vegetables on your balcony or in your garden.

Spring brings renewal, but also opportunities for change.

Growing vegetables and plants at home helps reduce plastic packaging.

In addition, a wonderful activity brings us closer to nature.



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April

2025

Tip: Start a personal zero-waste goal for a week.

The earth celebrates Earth Day on April 22.

It is the ideal opportunity to examine our lifestyle and make sustainable choices.

Reducing, reusing, and recycling are our allies.



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May

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Tip: Plant flowers that favor bees and avoid chemicals.

Spring in all its beauty reminds us of the importance of biodiversity.

Insects, such as bees, need protection.

Let us create wildlife-friendly spaces in our gardens and balconies.



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June

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Tip: Set the air conditioner thermostat to 26°C for maximum efficiency and saving.

Summer brings heat, but also increases energy consumption.

Saving water and electricity is essential.

Small actions, such as using the air conditioner correctly, make a difference.



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July

2025

Tip: Use reusable bottles and bags.

Our seas need protection.

Plastic pollution threatens marine ecosystems.

It is essential to limit single-use plastics and keep beaches clean.



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August

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Tip: Avoid burning trash or grass outdoors.

Fires are increasing due to climate change.
Prevention is the key.
Proper management of forest areas and public awareness save lives and the environment.



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September

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Tip: Choose cycling or public transport whenever you can.

Returning to routine is an opportunity for new habits.

Reducing car travel and choosing more environmentally friendly modes of transport reduces your carbon footprint.



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October

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Tip: Start a small compost pile in your yard or balcony.

Autumn reminds us of the cycle of nature.

It is the right time to compost.

We can reduce organic waste and return nutrients to the soil.



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November

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Tip: Buy products from local producers and stores.

Consumption becomes more intense as the holidays approach.

It is important to buy consciously and support sustainable practices.

Reducing unnecessary purchases is good for your wallet and the planet.



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December

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Tip: Use reusable materials for your gift wrapping.

Holidays are a time of love and giving.
It is also a time to think about how to reduce waste.
Recycle decorations, choose eco-friendly gifts, and
promote sustainable practices.



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